



ELIGIBLE MEDICAL EXPENSES

Acupuncture	Laboratory fees
Birth control pills	Lasik eye surgery
Chiropractic therapy	Massage therapy <i>(By a Licensed Massage Therapist)</i>
Christian scientist practitioner	Medical mileage <i>(Paid at the IRS set rate for the Year-2011 Plan year = \$0.14 per mile)</i>
Contact lenses	Naturopath
Co-Insurance amounts	Orthodontia
Co-pays	Orthotics
Crutches	Physical exams for adults and children
Deductibles	Physical therapy
Dental care	Physician services
Diabetic supplies	Pre and post operation hormone therapy
Eye exams & glasses	Prescription drugs
Group therapy	Psychoanalysis and mental health therapy
Hearing aids & batteries	Sexual reassignment surgery
Hearing care	Smoking cessation
Hospitalization costs	Vision care
Hypnosis for treatment of an illness	Weight loss programs <i>(when specifically recommended by a physician to treat obesity or another medical condition)</i>
Immunizations	Wheelchairs
Individual therapy	

INELIGIBLE MEDICAL EXPENSES

Aromatherapy	Hair re-growth systems – <i>(unless Prescribed to treat Alopecia)</i>
Couples/Family therapy	Insurance premiums
Cosmetic surgery	Skin care
Chapstick	Teeth bleaching
Deodorants	Tooth brush/paste
Feminine care	Weight loss programs for general wellbeing

ELIGIBLE DEPENDENT CARE EXPENSES

Adult daycare expenses
Before & after-school care <i>(must be billed separate from tuition expenses)</i>
Child care <i>(at daycare center, day camp, nursery school or by a private sitter)</i>
Expenses for a housekeeper <i>(duties include caring for an eligible dependent)</i>
Late pick-up fees <i>(from a caregiver)</i>
Placement fee expenses for hiring an au pair, as well as his/her weekly stipend

INELIGIBLE EXPENSES

Education and tuition fees
Late payment fees
Overnight camps <i>(in general)</i>
Sports lessons, field trips, clothing
Your cost of transportation <i>to and from</i> a dependent care provider.



ELIGIBLE OVER-THE-COUNTER ITEMS *(not limited to)*

ANTISEPTICS

- Adhesive or elastic bandages
- Antiseptic wash/ointment for cuts
- Benzocaine swabs
- First aid wipes
- Iodine tincture/trol pills
- Rubbing alcohol

BIRTH CONTROL

- Female & male condoms

DIABETES

- Diabetic supplies

EAR/EYE CARE

- Airplane ear protections
- Contact lens solutions
- Glasses/repair
- Visine

HEALTH AIDS

- Denture adhesives
- Diuretics and water pills
- Lice control

LACTATION DEVICES

- Breast Pumps and Supplies

PERSONAL TEST KITS

- Blood pressure kit
- Cholesterol tests
- Colorectal cancer screening tests
- Home drug tests
- Ovulation indicators
- Pregnancy tests

*Please note that under the IIAS system there are a few select items that will not be deemed acceptable when using your Debit card. Please pay for these items using other means and submit a manual claim to our office for further review. Plan restrictions may apply, check with your plan administrator.

OVER-THE-COUNTER ITEMS AS OF JANUARY 1, 2011 REQUIRING A DOCTOR'S PRESCRIPTION

COLD, FLU AND ALLERGY MEDICATIONS

- Allergy medications
- Cold relief syrup
- Cold relief tablets
- Cough drops
- Nasal decongestant inhaler
- Nasal decongestant spray or drops
- Sinus & allergy nasal spray

EAR/EYE CARE

- Ear wax removal drugs

HEALTH AIDS

- Sleeping aids
- Antifungal treatments

PAIN RELIEF

- Arthritis pain reliever
- Bunion and blister treatments
- Orajel
- Pain relievers – aspirin and non-aspirin
- Throat pain medications

ASTHMA MEDICATIONS

- Bronchodilator/Expectorant tablets
- Bronchial asthma inhalers

STOMACH CARE

- Acid reducers
- Anti-diarrhea medications
- Laxatives
- Prilosec
- Upset stomach medications

SKIN CARE

- Calamine lotion
- Cold sore/fever blister medications
- Diaper rash ointment
- Eczema cream
- Medicated bath products
- Sunblock, SPF 30 or higher
- Wart removal medications
- Acne Treatment medications